Could your headaches actually be **CHRONIC MIGRAINE**?

Chronic Migraine is a distinct neurologic condition defined as having **15 or more headache days per month**, with headaches lasting **4 hours/day or longer**.¹

The condition impacts **3.2 million Americans** today, however, many people don’t know they have it.

Based on one study (n=520), it is estimated that approximately **80%** of those who meet the clinical definition of Chronic Migraine have not received an accurate diagnosis and as a result, may be unaware of their treatment options.

Recent research† indicates that the burden of Chronic Migraine extends well beyond the people living with it, **significantly impacting family members** as well.⁵

- **3x/month** on average respondents missed a date or social event with their partner.⁵
- **7x/month** on average respondents reported reduced involvement in family activities.⁵
- **4x/month** on average respondents cancelled plans.⁵
- **1 in 5** of respondents missed a planned family vacation within the past year.⁵

The new **Identifying Chronic Migraine (ID-CM) screening tool**, the only tool developed using the most recent headache classification guidelines, is now available to help you communicate your headache symptoms and the impact those symptoms have on your daily life to your doctor.⁶

To learn more about Chronic Migraine and to find a specialist in your area, visit [www.MyChronicMigraine.com](http://www.MyChronicMigraine.com).

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⁵ Buse DC, Dodick DW, Serrano D, Adams AM. Family Burden of Chronic Migraine to the Migraineur; Results of the CaMEO (Chronic Migraine Epidemiology & Outcomes) Study. Poster presented at the American Headache Society Annual Meeting. Los Angeles, CA. June 2014.